

*Bettys*  
EST. 1919

• LADY BETTY •

*Afternoon Tea*





## WELCOME

It's a delight to welcome you to take  
our world-famous afternoon tea at Betty's.

Faithful to the classic combination of sandwiches, warmed scones  
and exquisite cakes, our Lady Betty Afternoon Tea exemplifies  
our craft skills, imagination and finesse.

At the centre of the tradition of taking afternoon tea is the tea  
itself. Our tea experts have travelled across continents in search  
of the most outstanding loose leaf teas.

We have sourced rare teas from estates in famed regions such  
as Assam and Darjeeling and created our own blends,  
including our exclusive Afternoon Tea Blend.

We choose the finest ingredients and search for the best local  
suppliers to create delicious savouries and sandwiches,  
freshly baked scones and irresistible cakes.

Your afternoon tea is served on a traditional silver cake stand  
with our bespoke bone china, whose intricate tea leaf design is  
inspired by a 1919 motif found in the archives of our  
bone china supplier, Royal Crown Derby.



## • AFTERNOON TEA •

### APPETISER

#### PRAWN COCKTAIL

Prawns in marie rose sauce with avocado purée, crisp little gem lettuce and a sprinkling of paprika.

### SAVOURY SELECTION

#### SMOKED SALMON ROMANOV

Smoked salmon Romanov with beetroot and lemon crème fraîche, on a wholemeal croute.

#### MINIATURE PORK & APPLE PIE

Yorkshire pork, rosemary, thyme and bramley apple.

### SANDWICHES

#### YORKSHIRE HAM & CRANBERRY

Honey roast ham with Emmental cheese and cranberry compote.

#### CHICKEN & TARRAGON

Made with chicken in tarragon mayonnaise.

#### EGG MAYONNAISE

A classic combination, made with Yorkshire eggs and cress on wholemeal bread.

### SCONES

*Freshly baked for you throughout the day.*

#### ROSE SCONE

Delicately flavoured with rose petals.

#### LEMON SCONE

Made to a deliciously buttery recipe with a hint of lemon zest.

\* Some of our menu items are created from ingredients which do not contain gluten. In addition, we offer dishes for vegans which do not include animal products. However, due to preparation and/or supplier controls of the ingredients, we cannot guarantee a complete absence of gluten, other allergens or animal product. Items listed on this menu that are deep fried may be fried using the same fryer as gluten and fish items. Please ask your waitress or waiter for further details or information regarding product ingredients and allergens, including nuts, sesame seeds, gluten, milk, eggs, mustard and soya.



## MINIATURE CAKES

*The following cakes will be served with each afternoon tea for two.*

### PISTACHIO & CHOCOLATE DACQUOISE SLEIGH

Layers of pistachio dacquoise and chocolate crèmeux on a crunchy praline base.

Decorated with dark chocolate and highlighted with gold lustre.

### FESTIVE STOLLEN BITE

Spiced fruit bread layered with marzipan, dipped in melted butter and rum after baking and dusted with sugar.

### ORANGE RELIGIEUSE

Choux pastry buns filled with an orange crème diplomat, placed on a crisp sablé biscuit and glazed with orange fondant.

### GOOSEBERRY MACARON

A dainty almond macaroon hand-decorated with an exquisite sugar blossom, sandwiched with gooseberry ganache and confit gooseberry.

### GRAND CRU CHOCOLATE & RASPBERRY PARCEL

Rich, dark grand cru chocolate mousse with a hidden raspberry and a chocolate parcel decoration.

### MINIATURE BATTENBURG

Almond sponge cake encased with strawberry preserve and soft marzipan.

£32.95

## CHAMPAGNE AFTERNOON TEA

*Lady Betty Afternoon Tea served with a 125ml glass of either:*

HÉBRART  
PREMIER  
CRU CHAMPAGNE  
Alc.12% vol.

OR

MOUTARD ROSÉ  
PRESTIGE  
CHAMPAGNE  
Alc.12% vol.

OR

KIR  
ROYALE  
COCKTAIL  
Alc.12.7% vol.

£39.95

*Alcoholic drinks may be served only in licensing hours to customers over 18 taking Afternoon Tea.*



## • BETTYS TEAS •

Our tea experts have carefully chosen a selection of teas designed to perfectly balance the taste of our Lady Betty Afternoon Tea.

We enjoy long-term relationships with tea estates around the globe which share our ethical values and commitment to excellence. Travelling across China, India, Sri Lanka and the African continent, our selection takes you on a journey around the world.

From our distinctive black teas, including the finest Assam and Darjeeling leaves, to green and white teas and herbal infusions, these rare teas have been picked by hand to ensure the highest quality.

Such special teas deserve the most careful preparation and presentation to offer a complete sensory experience in appearance, aroma and taste.

Our waiters and waitresses have extensive knowledge about each of our teas and will take great pleasure in offering advice to help you decide upon the perfect choice.



## •❁•BLACK TEAS•❁•

*Finest quality leaf tea served in a teapot for one with milk or lemon.*

### BETTYS AFTERNOON TEA BLEND

Created exclusively to accompany our Afternoon Tea, this outstanding and distinctively flavoured blend brings together the best of India's Assam and Darjeeling gardens. Using the prized golden tips from the tea bushes' second flush of growth, this blend offers the depth and flavour of top quality Assam, complemented by the delicate floral notes of Darjeeling.

### BETTYS TEA ROOM BLEND

Our classic blend of superior African and Assam teas, carefully created by our tea experts to give a rich, fragrant, full-bodied tea with a refreshing flavour.

### GOLDEN TIPPED ASSAM

A tea selected from one of the very best estates on the banks of the Brahmaputra River in Assam, north-east India. This rich blend makes an invigorating cup to savour.

### SINGLE ESTATE RWANDAN GISOVU

We have been buying teas from this lovely tea garden for over 35 years. Deliciously crisp and refreshing with a rich golden colour, this really is one of the world's finest black teas.



## • BLACK TEAS •

*Finest quality leaf tea served in a teapot for one with milk or lemon.*

### AFTERNOON DARJEELING

Our tea experts visit some of the most prestigious gardens in Darjeeling, India to select this leaf. With a subtle flavour reminiscent of Muscat grapes, it's the perfect companion to Afternoon Tea.

### GOLDEN VALLEY DARJEELING

Grown in the misty heights of the Himalayas, this unique variety is infused with the magic of its origins. Every sip imparts a flowery delicacy born of its elevated home.

### CEYLON BLUE SAPPHIRE

From Sri Lanka, this fine tea is decorated with blue cornflower petals to represent the island's famous sapphires. It is deliciously smooth with a honeyed character.

### CHINA YUNNAN

A fragrant tea from Yunnan, south west China, which is considered by many to be the original 'home of tea'. With a light golden liquor, it offers a distinctive sweet taste.

### PURE ASSAM

Selected from among the very best tea gardens in north-east India, our Assam is full-bodied, with a rich aroma and a strong, malty taste.



•❁• SCENTED BLACK TEAS •❁•

*Finest quality leaf tea served in a teapot for one with milk or lemon.*

BETTYS EARL GREY

Named in honour of the 19th-century British Prime Minister, Charles Grey. The finest quality China tea is gently scented with natural oil of bergamot.

CHINA ROSE PETAL

This delicate black tea is layered with fragrant rose petals, believed to keep mind, body and spirit in perfect harmony.

LAPSANG SOUCHONG

A delicate black tea from China, whose large leaves are dried slowly over pine wood fires to impart its famously unique smoky flavour.

•❁• WHITE TEA •❁•

*Finest quality leaf tea served in a teapot for one.*

YU LUO

An exquisite Chinese tea made from just the delicate white buds that first appear when the tea bush 'awakens' after winter.





## •• GREEN TEAS ••

*Finest quality leaf tea served in a teapot for one.*

### PI LO CHUN

One of our most exclusive varieties of leaf, this stylish green tea with unusual spiral-shaped leaves is beautifully balanced with a light and floral character and notes of soft fruit.

### GUNPOWDER GREEN

A tea famed for the beauty of its distinctive leaves, which are said to resemble gunpowder shot. The tea has been steamed, rolled by hand and dried in large open pans over a fire to preserve its fresh, delicate flavour.

### JASMINE BLOSSOM

The highest quality spring green tea, infused with jasmine blossoms to create a light, aromatic tea whose delicate flavours are best enjoyed without milk.

## •• HERBAL INFUSIONS ••

*Finest quality tisane served in a teapot for one.*

### PURE PEPPERMINT TISANE

The finest fresh peppermint leaves, bursting with flavour to make a delightfully refreshing and invigorating caffeine-free infusion.

### LEMONGRASS AND GINGER TISANE

A lively and warming blend containing fragrant lemongrass, and ginger root – the perfect caffeine-free pick-me-up.



## ❦ TAKING AFTERNOON TEA ❦

Taking tea in the afternoon has been enjoyed since the early 19th century. The Duchess of Bedford, a companion of Queen Victoria, is credited with inventing it to fill the long gap between luncheon and dinner. She invited her friends to join her and the idea soon spread through fashionable society, becoming a byword for the most delightful and convivial time of day.

Thank you for choosing Betty's and our Lady Betty Afternoon Tea today.  
To find out more about Afternoon Tea and our family business,  
please visit us online.

WWW.BETTYS.CO.UK



Bettys1919



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For the comfort of all our customers, we kindly ask that you refrain from using your mobile phones to make telephone calls whilst in our Café Tea Rooms.

All prices shown are inclusive of VAT.

Lady Betty is a Registered Trade Mark of Betty's & Taylors Group Ltd.