



Betty's
EST. 1919

• LADY BETTY •

Afternoon Tea





WELCOME

It's a delight to welcome you to take
our world-famous afternoon tea at Betty's.

Faithful to the classic combination of sandwiches, warmed scones
and exquisite cakes, our Lady Betty Afternoon Tea exemplifies
our craft skills, imagination and finesse.

At the centre of the tradition of taking afternoon tea is the tea
itself. Our tea experts have travelled across continents in search
of the most outstanding loose leaf teas.

We have sourced rare teas from estates in famed regions such
as Assam and Darjeeling and created our own blends,
including our exclusive Afternoon Tea Blend.

We choose the finest ingredients and search for the best local
suppliers to create delicious savouries and sandwiches,
freshly baked scones and irresistible cakes.

Your afternoon tea is served on a traditional silver cake stand
with our bespoke bone china, whose intricate tea leaf design is
inspired by a 1919 motif found in the archives of our
bone china supplier, Royal Crown Derby.



• AFTERNOON TEA •

APPETISER

PEA, CUCUMBER & TOMATO COCKTAIL

Fresh diced tomato & red onion with cucumber and mint, dressed with crème fraîche and served on a bed of pea purée.

SAVOURY SELECTION

SMOKED SALMON, CREAM CHEESE & DILL ROULADE

Made with freedom-farmed Scottish salmon, served on a wholemeal croute.

MINIATURE PORK & APPLE PIE

With rosemary, thyme and bramley apple.

SANDWICHES

HAM & TOMATO PÂTÉ

With mixed leaves on sun-blushed tomato bread.

CHICKEN & TARRAGON

Made with chicken in tarragon mayonnaise.

EGG MAYONNAISE

A classic combination, made with Yorkshire eggs and cress on wholemeal bread.

SCONES

Freshly baked for you throughout the day.

ROSE SCONE

Delicately flavoured with rose petals.

LEMON SCONE

Made to a deliciously buttery recipe with a hint of lemon zest.

*Some of our menu items are created from ingredients which do not contain gluten, please ask for details.
If you require information regarding product ingredients and allergens, including nuts,
your waiter or waitress will be happy to help.*



MINIATURE CAKES

The following cakes will be served with each afternoon tea for two.

CHOCOLATE & PASSION FRUIT CUBE

Rich, dark Grand Cru chocolate mousse with a passion fruit caramel centre.

GOOSEBERRY MACARON

A dainty macaroon hand-decorated with an exquisite sugar blossom, sandwiched with gooseberry ganache and confit gooseberry.

PISTACHIO & CHOCOLATE DACQUOISE SLICE

Layers of pistachio dacquoise, chocolate crèmeux and crunchy praline base, topped with a pistachio Chantilly and a delicate chocolate decoration.

FRESH BERRY MERINGUE

Delicate meringue filled with whipped fresh cream and mixed berries.
Finished with a white chocolate lattice.

MINIATURE BATTENBERG

Almond sponge cake encased with strawberry preserve and soft marzipan.

LEMON RELIGIEUSE

Choux pastry buns filled with a lemon crème diplomat on a crisp sable biscuit and glazed with lemon fondant.

£32.95

CHAMPAGNE AFTERNOON TEA

Lady Betty Afternoon Tea served with a 125ml glass of either:

HÉBRART
PREMIER
CRU CHAMPAGNE
Alc.12% vol.

OR

MOUTARD ROSÉ
PRESTIGE
CHAMPAGNE
Alc.12% vol.

OR

KIR
ROYALE
COCKTAIL
Alc.12.7% vol.

£39.95

Alcoholic drinks may be served only in licensing hours to customers over 18 taking Afternoon Tea.



• BETTYS TEAS •

Our tea experts have carefully chosen a selection of teas designed to perfectly balance the taste of our Lady Betty Afternoon Tea.

We enjoy long-term relationships with tea estates around the globe which share our ethical values and commitment to excellence. Travelling across China, India, Sri Lanka and the African continent, our selection takes you on a journey around the world.

From our distinctive black teas, including the finest Assam and Darjeeling leaves, to green and white teas and herbal infusions, these rare teas have been picked by hand to ensure the highest quality.

Such special teas deserve the most careful preparation and presentation to offer a complete sensory experience in appearance, aroma and taste.

Our waiters and waitresses have extensive knowledge about each of our teas and will take great pleasure in offering advice to help you decide upon the perfect choice.



•❧•BLACK TEAS•❧•

Finest quality leaf tea served in a teapot for one with milk or lemon.

BETTYS AFTERNOON TEA BLEND

Created exclusively to accompany our Afternoon Tea, this outstanding and distinctively flavoured blend brings together the best of India's Assam and Darjeeling gardens. Using the prized golden tips from the tea bushes' second flush of growth, this blend offers the depth and flavour of top quality Assam, complemented by the delicate floral notes of Darjeeling.

BETTYS TEA ROOM BLEND

Our classic blend of superior African and Assam teas, carefully created by our tea experts to give a rich, fragrant, full-bodied tea with a refreshing flavour.

GOLDEN TIPPED ASSAM

A tea selected from one of the very best estates on the banks of the Brahmaputra River in Assam, north-east India. This rich blend makes an invigorating cup to savour.

SINGLE ESTATE RWANDAN GISOVU

We have been buying teas from this lovely tea garden for over 35 years. Deliciously crisp and refreshing with a rich golden colour, this really is one of the world's finest black teas.



• BLACK TEAS •

Finest quality leaf tea served in a teapot for one with milk or lemon.

AFTERNOON DARJEELING

Our tea experts visit some of the most prestigious gardens in Darjeeling, India to select this leaf. With a subtle, delicate flavour reminiscent of Muscat grapes, it's the perfect companion to Afternoon Tea.

GOLDEN VALLEY DARJEELING

Grown in the misty heights of the Himalayas, this unique variety is infused with the magic of its origins. Every sip imparts a flowery delicacy born of its elevated home.

CEYLON BLUE SAPPHIRE

From Sri Lanka, this fine tea is decorated with blue cornflower petals to represent the island's famous sapphires. It is deliciously smooth with a honeyed character.

CHINA YUNNAN

A fragrant tea from Yunnan, south west China, which is considered by many to be the original 'home of tea'. With a light golden liquor, it offers a distinctive sweet taste.

PURE ASSAM

Selected from among the very best tea gardens in north-east India, our Assam is full-bodied, with a rich aroma and a strong, malty taste.



• SCENTED BLACK TEAS •

Finest quality leaf tea served in a teapot for one with milk or lemon.

BETTYS EARL GREY

Named in honour of the 19th-century British Prime Minister, Charles Grey. The finest quality China tea is gently scented with natural oil of bergamot.

CHINA ROSE PETAL

This delicate black tea is layered with fragrant rose petals, believed to keep mind, body and spirit in perfect harmony.

LAPSANG SOUCHONG

A delicate black tea from China, whose large leaves are dried slowly over pine wood fires to impart its famously unique smoky flavour.

• WHITE TEA •

Finest quality leaf tea served in a teapot for one.

YU LUO

An exquisite Chinese tea made from just the delicate white buds that first appear when the tea bush 'awakens' after winter.



•• GREEN TEAS ••

Finest quality leaf tea served in a teapot for one.

PI LO CHUN

One of our most exclusive varieties of leaf, this stylish green tea with unusual spiral-shaped leaves is beautifully balanced with a light and floral character and notes of soft fruit.

GUNPOWDER GREEN

A tea famed for the beauty of its distinctive leaves, which are said to resemble gunpowder shot. The tea has been steamed, rolled by hand and dried in large open pans over a fire to preserve its fresh, delicate flavour.

JASMINE BLOSSOM

The highest quality spring green tea, infused with jasmine blossoms to create a light, aromatic tea whose delicate flavours are best enjoyed without milk.

•• HERBAL INFUSIONS ••

Finest quality tisane served in a teapot for one.

PURE PEPPERMINT TISANE

The finest fresh peppermint leaves, bursting with flavour to make a delightfully refreshing and invigorating caffeine-free infusion.

LEMONGRASS AND GINGER TISANE

A lively and warming blend containing fragrant lemongrass, and ginger root – the perfect caffeine-free pick-me-up.



• TAKING AFTERNOON TEA •

Taking tea in the afternoon has been enjoyed since the early 19th century. The Duchess of Bedford, a companion of Queen Victoria, is credited with inventing it to fill the long gap between luncheon and dinner. She invited her friends to join her and the idea soon spread through fashionable society, becoming a byword for the most delightful and convivial time of day.

Thank you for choosing Betty's and our Lady Betty Afternoon Tea today.

To find out more about Afternoon Tea and our family business,
please visit us online.

WWW.BETTYS.CO.UK



Bettys



@bettys1919



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For the comfort of all our customers, we kindly ask that you refrain from using your mobile phones to make telephone calls whilst in our Café Tea Rooms.

All prices shown are inclusive of VAT.

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