



## APPETISER

### Prawn, Spring Onion & Cucumber Cocktail

Marinated Atlantic prawns, red chilli, spring onions and coriander with cucumber and mint crème fraîche. Served with a crisp paprika croute.

## SAVOURY

### Roasted Red Pepper & Tomato Tart

Puff pastry tart with roasted red peppers, sun-dried tomatoes, Gran Mantovano cheese, sweet pickled red onions and basil dressing.

## SANDWICHES

### Smoked Salmon & Dill Crème Fraîche

Miniature croissant with freedom-farmed Scottish smoked salmon and dill crème fraîche.

### Roasted Red Pepper & Tomato Pâté

Roasted red peppers, sun-dried tomatoes, basil and cream cheese pâté on tomato bread with rocket.

### Chicken Caesar

Yorkshire roast chicken with Caesar dressing, gem lettuce and Parmesan cheese.

## SCONES

*Freshly baked for you throughout the day.*

### Lemon Scone

Delicately flavoured with lemon zest.

### Sultana Scone

Made to a deliciously buttery recipe and filled with plump sultanas.



## MINIATURE CAKES

### Apple & Vanilla Custard Tart

A rich, sweet, all-butter pastry filled with apple compote and smooth vanilla custard, topped with a light apple mousse and Swiss chocolate decoration.

### Salted Caramel Pillow

A crunchy praline base, layered with a rich Grand Cru chocolate mousse with a salted caramel centre, decorated with dark chocolate highlighted with gold lustre.

### Passion Fruit & Lemon Macaroon

A dainty macaroon, hand-decorated with an exquisite sugar flower and orange curl, filled with lemon curd and a passion fruit pâte de fruit.

£34.95

---



## Champagne Afternoon Tea

Afternoon tea is simply perfect, so how could it possibly be improved?

A glass of champagne from the Hébrart or Moutard estates – both family growers with lifetimes of experience - will add a certain sparkle.

*Served with a 125ml glass of your choice of:*

Hébrart Premier Cru Champagne 12% vol.

Moutard Rosé Prestige Champagne 12% vol.

Kir Royale Cocktail 10.6% vol.

£42.95



## Betty's Teas

Just as a sommelier selects a wine to bring out the flavour of a dish, our expert tea buyers have curated this selection of teas to complement your menu.

We source our teas from estates with whom we enjoy long-term relationships based on our shared ethical values and commitment to excellence.

Should you need help selecting the right tea for you, simply ask our waiting staff, who will be happy to guide you to the perfect choice.

And should you prefer coffee, we'll be happy to bring a pot of our beloved Café Blend.



## BLACK TEAS

*Finest quality leaf tea served in a teapot for one with milk or lemon.*

### Bettys Centenary Afternoon Tea Blend

Created exclusively for Betty's, this outstanding and distinctively flavoured blend brings together the best of India's Assam and Darjeeling gardens. Using the prized golden tips from the tea bushes' second flush of growth, this blend offers the depth and flavour of top quality Assam, complemented by the delicate floral notes of Darjeeling.

### Bettys Tea Room Blend

Our classic blend of superior African and Assam teas, carefully created by our tea experts to give a rich, fragrant, full-bodied tea with a refreshing flavour.

### Golden Tipped Assam

A tea selected from one of the very best estates on the banks of the Brahmaputra River in Assam, north-east India.

This rich blend makes an invigorating cup to savour.

### Single Estate Rwandan Gisovu

We have been buying teas from this lovely tea garden for over 35 years. Deliciously crisp and refreshing with a rich golden colour, this really is one of the world's finest black teas.

*Soya or oat milk is also available on request.*



## BLACK TEAS

*Finest quality leaf tea served in a teapot for one with milk or lemon.*

### Afternoon Darjeeling

Our tea experts visit some of the most prestigious gardens in Darjeeling, India to select this leaf. With a subtle, delicate flavour reminiscent of Muscat grapes, it's the perfect companion to Afternoon Tea.

### Golden Valley Darjeeling

Grown in the misty heights of the Himalayas, this unique variety is infused with the magic of its origins. Every sip imparts a flowery delicacy born of its elevated home.

### Ceylon Blue Sapphire

From Sri Lanka, this fine tea is decorated with blue cornflower petals to represent the island's famous sapphires. It is deliciously smooth with a honeyed character.

### China Yunnan

A fragrant tea from Yunnan, south west China, which is considered by many to be the original 'home of tea'.  
With a light golden liquor, it offers a distinctive sweet taste.

### Pure Assam

Selected from among the very best tea gardens in north-east India, our Assam is full-bodied, with a rich aroma and a strong, malty taste.

*Soya or oat milk is also available on request.*



## SCENTED BLACK TEAS

*Finest quality leaf tea served in a teapot for one with milk or lemon.*

### Bettys Earl Grey

Named in honour of the 19th-century British Prime Minister, Charles Grey. The finest quality China tea is gently scented with natural oil of bergamot.

### China Rose Petal

This delicate black tea is layered with fragrant rose petals, believed to keep mind, body and spirit in perfect harmony.

### Lapsang Souchong

A delicate black tea from China, whose large leaves are dried slowly over pine wood fires to impart its famously unique smoky flavour.

## WHITE TEA

*Finest quality leaf tea served in a teapot for one.*

### Yu Luo

An exquisite Chinese tea made from just the delicate white buds that first appear when the tea bush 'awakens' after winter.

*Soya or oat milk is also available on request.*



## GREEN TEAS

*Finest quality leaf tea served in a teapot for one.*

### Pi Lo Chun

One of our most exclusive varieties of leaf, this stylish green tea with unusual spiral-shaped leaves is beautifully balanced with a light and floral character and notes of soft fruit.

### Gunpowder Green

A tea famed for the beauty of its distinctive leaves, which are said to resemble gunpowder shot. The tea has been steamed, rolled by hand and dried in large open pans over a fire to preserve its fresh, delicate flavour.

### Jasmine Blossom

The highest quality spring green tea, infused with jasmine blossoms to create a light, aromatic tea whose delicate flavours are best enjoyed without milk.

## HERBAL INFUSIONS

*Finest quality tisane served in a teapot for one.*

### Pure Peppermint Tisane

The finest fresh peppermint leaves, bursting with flavour to make a delightfully refreshing and invigorating caffeine-free infusion.

### Lemongrass and Ginger Tisane

A lively and warming blend containing fragrant lemongrass and ginger root – the perfect caffeine-free pick-me-up.

## COFFEE

*Served in a pot for one with hot milk or cream.*

### Betty's Café Blend

A blend of the very best Kenyan, Central American and South American coffees. Medium roasted.

*Soya or oat milk is also available on request.*



## Taking Afternoon Tea

Taking tea in the afternoon has been enjoyed since the early 19th century. The Duchess of Bedford, a companion of Queen Victoria, is credited with inventing it to fill the long gap between luncheon and dinner.

She invited her friends to join her and the idea soon spread through fashionable society, becoming a byword for the most delightful and convivial time of day.

We first served afternoon tea in the 1920s and since then it's something Betty's has become famous for the world over.

Thank you for choosing Betty's and our Afternoon Tea today.

To learn more about our 100 year-old family business and to explore our history, visit:

[WWW.BETTYS.CO.UK](http://WWW.BETTYS.CO.UK)



Betty's



@Betty's



@Betty's

For the comfort of all our customers, we kindly ask that you refrain from using your mobile phone to make telephone calls whilst in our Café Tea Rooms.

All prices shown are inclusive of VAT.