

# Betty's

EST 1919



Cooking School  
MENU

# BREAKFAST

## Pain Au Chocolat

A classic breakfast treat freshly baked at our Craft Bakery. 392 kcal

## Bettys Tea Room Blend (Ve)

Our traditional rich blend of top class African and Assam teas. 0 kcal

Or

## A coffee of your choice (V)

Made using finest espresso beans from Java, Africa and Latin America. kcal on request

*Decaffeinated tea or coffee and alternative milks are available on request.*

# LUNCH

## Chicken in a White Wine & Creamy Leek Sauce

Served with seasoned roasted new potatoes and seasoned carrots. 496 kcal

## Seasonal Cheesecake (V)

Made with cream cheese and fresh cream on a crunchy biscuit base.

Topped with fresh seasonal fruit. kcal on request

*Served with a glass of Swiss house wine of your choice:*

## Brûlefer (Ve)

Crisp, dry and fruity Fendant de Sion white wine. Switzerland 12.5% vol.

## Clos Du Château (Ve)

Full bodied red wine with fruity, peppery notes. Switzerland 13.5% vol.

## Sortilège (Ve)

A refreshing rosé wine from Pinot Noir vines. Switzerland 13.5% vol.

*Where wines are sold by the glass, the measure is 175ml. If you would prefer 125ml, please ask. Soft drinks are available on request.*

## Followed by Tea & Coffee

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## ALLERGIES/INTOLERANCES

**Please inform your server if you have any allergies or dietary requirements.**

**Please note we are only able to provide information and guidance on the legal 14 allergens which include: gluten, milk, egg, soya, nuts, peanuts, fish, crustaceans, molluscs, celery, mustard, sesame, sulphites and lupin.**

**We are unable to provide information or guarantee an absence of all other ingredients.**

*\*(V) suitable for vegetarians \*(Ve) suitable for vegans.*

*\*Vegan food is made to a vegan recipe but may come into contact with non-plant-based ingredients.*

Due to the open plan nature of our kitchens we are unable to guarantee a complete absence of gluten, however; we do offer dishes and products that are made with non-gluten containing ingredients. Not suitable for those with Coeliac disease. In our Craft Bakery products are made where nuts, gluten, milk, eggs, mustard and soya are used, so may contain traces. Some of our products may also contain traces of peanut due to ingredients from our suppliers. Although every effort has been taken during preparation, pips, stones and bones may still be present where naturally occurring.

Alcoholic drinks may be served only in licensing hours to customers over 18 taking a meal. Alcohol strengths may vary with vintages.

For further calorie (kcal) information regarding alternative milks please speak to a member of staff.

Adults need around 2000 kcal a day.