



SPRING & SUMMER SPECIALITIES

Red Pepper & Tomato Frittata (V) 900 kcal £18.50
With peas, spring onions and dill. Topped with Yorkshire Squeaky Cheese and garnished with pea shoots.

Superfood Salad Bowl (Ve) 500 kcal £16.95
Dressed leaves with sugar snap peas and spring onions. Topped with red pepper tapenade, avocado, pickled red onion, tomato and orzo salad and sweetcorn salad.

With Yorkshire Squeaky Cheese (V) 245 kcal £3.75

With pan-fried slices of Yorkshire chicken. 160 kcal £4.00

Rump Steak & Harrogate Blue Salad 550 kcal £19.95
On a rocket, tomato and pickled red onion salad, with red wine vinaigrette and Swiss stick croutes. Served medium rare.

Lemon Posset (V) 450 kcal £9.25
With gingerbread crumb and fresh raspberries.

Iced Coffee (V) 145 kcal £5.95
Our espresso blend, lightly sweetened with agave syrup, served over ice and topped with milk.

Yorkshire Tea Iced (Ve) 60 kcal £5.95
Refreshing iced tea brewed from Yorkshire Gold loose leaf blend, naturally flavoured with your choice of:

Lemon

Peach and Raspberry

Yorkshire Tea Kombucha (Ve) 40 kcal £5.95
Lightly sparkling fermented tea with a hint of bergamot.

Pimms (Ve) (50ml) £9.95
Pimms No.1 (25% vol) and sparkling lemonade garnished with lemon, orange, strawberry and mint.

Hugo Spritz (Ve) £12.95
Elderflower cordial, gin (42% vol), sparkling water, mint and Prosecco (11.5% vol).

*Where spirits are sold by the glass, the measure is 50ml.
If you would prefer 25ml, please ask.*

Decaffeinated tea or coffee and alternative milks are available on request.
For further calorie (kcal) information regarding alternative milks please speak to a member of staff.

Adults need around 2000 kcal a day.





SPRING & SUMMER AFTERNOON TEA

Afternoon Tea is served all day.

Traditional Afternoon Tea

A selection of sandwiches

Flaked salmon and prawn, with lemon mayonnaise and rocket.

Egg mayonnaise and cress, made with free-range eggs.

Tender Yorkshire chicken in a creamy spiced mango sauce, finished with coriander and lemon.

Traditional Wiltshire cured ham and Fountains Gold cheddar, with Yorkshire onion chutney.

A miniature Yorkshire Fat Rascal Scone with Yorkshire strawberry preserve and clotted cream.

A miniature cake selection

Fondant Fancy

Passion Fruit Éclair

Raspberry & Lemon Tartlet

A teapot for one of Tea Room Blend tea.

1115 kcal £32.50 (per person)

Traditional Afternoon Tea with Pink Champagne

Served with a glass of Collet Rosé Champagne 12.5% vol. (125ml Glass) £42.50 (per person)

Traditional Afternoon Tea with Prosecco

Served with a glass of Valdobbiadene Prosecco Superiore 11.5% vol. (125ml Glass) £39.95 (per person)

Low alcohol option available on request.

If you would prefer a vegetarian or vegan selection, please let us know.

BOOK AFTERNOON TEA

It's also possible to book Afternoon Tea in our elegant Imperial Room, in Harrogate, and Belmont Room, in York. Both are upstairs from the main café and provide a beautiful, historic setting for celebrations.

Visit www.bettys.co.uk/cafe-tea-rooms to book a table.

ALLERGIES/INTOLERANCES

Please inform your server if you have any allergies or dietary requirements.

Detailed information on the 14 legal allergens is available on request.

We are unable to provide information or guarantee an absence of all other ingredients.

*(V) suitable for vegetarians *(Ve) suitable for vegans.

*Vegan food is made to a vegan recipe but may come into contact with non-plant-based ingredients.

Our products may contain trace allergens due to the open nature of our kitchens and bakery. Please speak to your server for more detailed information. Although every effort has been taken during preparation, pips, stones and bones may still be present where naturally occurring.

Adults need around 2000 kcal a day.