

# Bettys

EST 1919

## CAFÉ TEA ROOM MENU





Please inform your server if you have any allergies, intolerances or dietary requirements we need to be aware of.

**\*(V)** suitable for vegetarians \* **(Ve)** suitable for vegans and vegetarians

Please be aware that due to the open plan nature of our kitchens we are unable to guarantee a complete absence of gluten, however, we do offer dishes and products that are made with non-gluten containing ingredients. Please ask for our NGCI menu if you wish to view these. In our Craft Bakery products are made where nuts, gluten, sesame seeds, milk, eggs, mustard and soya are used, so may contain traces. Some of our products may also contain traces of peanut due to ingredients from our suppliers.

## A family business since 1919

Our family business story is one founded on the dreams of a young Swiss boy, Frederick. Life dealt little Frederick a cruel hand: orphaned at a young age in a fire at his father's mill in the tiny Swiss village of Wangen-an-der-Aare, he was then sold to the highest bidder as farm labour.

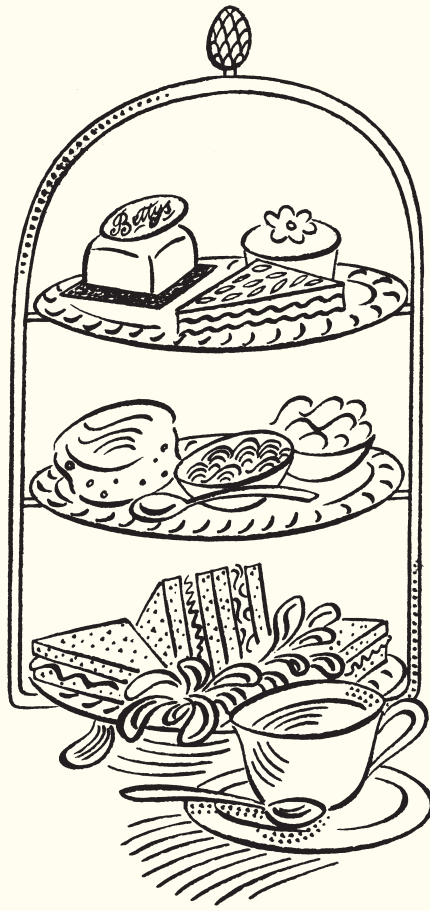
While Frederick's story got off to a shaky start, his passion for baking and confectionery changed the course of his life and led him to England, where in 1919 Bettys was born.

Over one hundred years later the story continues and we are very proud to be an independent family owned business. Our third, fourth and fifth generation family members work together to ensure we stay true to Frederick's vision of quality, craftsmanship and attention to detail, as well as looking ahead to our next 100 years and the generations to come. The world has changed a lot since 1919, and so has Bettys, but our values and our passion for good service and quality remain at the heart of everything we do.

Just like any family, each of our branches has its own personality and so do the delicious dishes on our menu and the treats in our shops. We celebrate our Yorkshire roots, but draw inspiration from our Swiss heritage. This blend, just like our expertly blended tea and coffee, is one that is uniquely Bettys, and we hope you enjoy it as much as we do.

From our family to yours, we welcome you to Bettys  
and thank you for visiting us.

Chloë Benest  
*Fourth generation shareholder  
and Chair of the Bettys & Taylors Family Council*



## A Century of Afternoon Tea



**Important  
Announcement**

In view of the considerable  
number of patrons not taking  
cream with tea, we have  
**DECIDED TO REDUCE  
THE CHARGE FOR  
AFTERNOON TEA  
TO 6<sup>D.</sup>**

ORCHESTRA DAILY.

*Betty's Ltd*



As this advert from 1929 reveals, we've been serving afternoon tea for some time. You might say it's become our speciality – people travel from all over the world to take tea at Betty's.

It's a treat that we've spent many years perfecting. Over 100 years in fact.

# Afternoon Tea

Afternoon Tea and Yorkshire Cream Tea are served all day.

## Traditional Afternoon Tea

### *Sandwich selection*

Cucumber, dill and cream cheese  
Coronation Yorkshire chicken  
Ham and wholegrain mustard  
Smoked salmon

A sultana scone with strawberry preserve and clotted cream.

### *Miniature cake selection*

Orange slice  
Coconut & lime battenberg  
Chocolate cube

A teapot for one of Tea Room Blend tea.

1379 kcal £24.95

## Pink Champagne Afternoon Tea

Traditional Afternoon Tea with a glass of  
Collet Rosé Champagne (12.5% vol. 125ml Glass).

£32.95

## Prosecco Afternoon Tea

Traditional Afternoon Tea with a glass of  
Valdobbiadene Prosecco Superiore (11.5% vol. 125ml Glass).

£29.95

*If you would prefer a vegetarian or vegan selection, please let us know.*

*Two person option available*

## Yorkshire Cream Tea (V)

Two freshly baked sultana scones from our Craft Bakery, strawberry preserve  
and clotted cream, with a teapot for one of Tea Room Blend tea.

1040 kcal £12.50

*Vegan option available on request. (Ve)*

## Book Afternoon Tea

It's also possible to book Afternoon Tea in our elegant Imperial Room, in Harrogate,  
and Belmont Room, in York. Both are upstairs from the main café and provide a  
beautiful, historic setting for celebrations.

*Visit [www.bettys.co.uk/cafe-tea-rooms](http://www.bettys.co.uk/cafe-tea-rooms) to book a table.*

# Imperial Breakfast

A grand selection of breakfast specialities served until 11.30am.

*Your choice of:*

Tea Room Blend tea

Americano coffee

Miniature Bircher muesli

Pain au chocolat

Fruit loaf, toasted with cinnamon sugar.

Served with crème fraîche and berries.

844 kcal

*Accompanied by your choice of miniature rösti:*

Poached egg and avocado 288 kcal

Scrambled eggs and smoked salmon 390 kcal

Poached egg and dry-cured bacon 464 kcal

£20.95

Served with a glass of fresh orange juice. 131 kcal £24.95

Served with a glass of mimosa (12.5% vol. 125ml Glass). £28.95

*If you would prefer a vegetarian selection, please let us know.*

*Two person option available*



# Breakfast Specialities

Breakfast items are served all day unless otherwise stated.

## English Breakfast

Dry-cured bacon, Bettys Yorkshire sausage, scrambled eggs, tomato and field mushroom seasoned with thyme. With toast. 783 kcal £12.95

Add smoked beans. **(Ve)** 83 kcal £2

## Vegan English Breakfast **(Ve)**

Marinated smoked paprika aubergine, smoked baked beans made to our own recipe, tomato and field mushroom seasoned with thyme.

Served with a potato rösti, wilted spinach and toast. 665 kcal £11.95

With a poached egg. **(V)** 79 kcal £13.25

## Speciality Poached Eggs

Served on a toasted muffin with hollandaise sauce.

Eggs Florentine with flat leaf spinach **(V)**  
619 kcal £11.50

Eggs Benedict with ham 637 kcal £11.95

Eggs Royale with smoked salmon  
669 kcal £12.25

## Scrambled Egg & Smoked Salmon Muffin

Scrambled eggs and smoked salmon on toasted muffin. 619 kcal £10.75

## Toasted Muffins

Dry-cured bacon 472 kcal £7.35

Yorkshire sausage 724 kcal £7.50

## Swiss Breakfast Rösti

A classic pan-fried Swiss rösti made with grated potato, gruyère cheese and cream. Served with dry-cured bacon, tomato, field mushroom and a poached egg.

807 kcal £14.50

## Florentine Rösti **(V)**

A miniature version of our classic pan-fried Swiss rösti made with grated potato, served with wilted spinach leaves, poached eggs, mushroom, tomatoes and breadcrumb topping. 451 kcal £14.25

## Pastry & Pikelet Selection\* **(V)**

A collection of classic breakfast treats featuring a croissant, pain au chocolat and two Yorkshire pikelets. 1041 kcal £7.25

\*Pastry & Pikelet Selection is served until 11.30am.

## Bircher Muesli **(Ve)**

A Swiss speciality made with rolled oats, nibbed hazelnuts, pumpkin and sunflower seeds, and sultanas, topped with seasonal berries and blackberry sauce. 403 kcal £6.75

## Cinnamon Toast **(V)**

Our Craft Bakery bread, toasted, buttered and sprinkled with cinnamon sugar.

297 kcal £3.60



# Main Dishes

## Bettys Burger

A Yorkshire beef burger in a caramelised red onion roll. Served with Swiss raclette cheese, mushroom, sweet pickled red onions, Dijon mustard and pommes allumettes.

1315 kcal £16.95

With smoked streaky dry-cured bacon.

108 kcal £17.95

## Fried Fillet of Haddock

A fillet of haddock in crispy batter. Served with crushed peas, chips and tartare sauce. 1248 kcal £16.75

## Chicken Schnitzel

Yorkshire chicken and gruyère cheese coated in Bettys breadcrumbs, pan-fried until golden. Served with pommes allumettes, mixed salad leaves and cherry tomatoes. 1071 kcal £17.75

## Spiced Orzo Pasta & Roasted Red Pepper (V)

Small grain orzo pasta, roasted red peppers and cherry tomatoes coated in spiced rose harissa. Finished with pea shoots and crumbly cheese made in Yorkshire by Shepherd's Purse.

622 kcal £13.95

With spiced rose harissa chicken.

284 kcal £16.95

## Bacon & Raclette Rösti

A Swiss speciality of grated potato, gruyère cheese and cream, pan-fried with bacon and topped with melted raclette cheese.

690 kcal £14.95

## Yorkshire Rarebit

Rarebit made with Yorkshire Ale on Cobble bread. Served with ham, leeks and tomatoes.

794 kcal £13.95

## Soup of the Day (V)

Served with a freshly baked roll from our Craft Bakery. kcal on request £7.50

## Wensleydale & Watercress Quiche (V)

Deep-filled quiche accompanied with sweet pickled white cabbage and cucumber, red pepper & puy lentil salad. 738 kcal £12.95

## Garlic & Herb Salmon Salad

Salmon pan-fried in garlic and herbs, with avocado, pea shoots, rocket, chicory, sugar snap peas and pickled cucumber & dill salad, drizzled with our Swiss dressing. 637 kcal £14.95

## Caesar Salad

Yorkshire chicken breast with smoked streaky bacon, parmesan cheese, crisp lettuce, croutons drizzled with black truffle oil and classic Bettys Caesar dressing. 693 kcal £13.50

## Spiced Carrot & Chickpea Cakes (Ve)

Pan-fried chickpea cakes with pine nut pesto and oat fraîche. Served with cucumber, puy lentil & red pepper salad, cherry tomato, spring onion, pickled red onion and pea shoots.

914 kcal £12.50

## Smoked Haddock & Leek Rösti Fish Cake

Fish cake made from smoked fresh haddock, leeks and potato rösti, topped with a poached egg, with roasted garlic & saffron mayonnaise. Served with cherry tomato, pickled red onion and pea shoots, drizzled in Swiss dressing.

810 kcal £13.50

## Specials

We offer an ever-changing selection of specials, inspired by seasonal ingredients and annual celebrations. Please see the specials board or ask your server for details.



# Sandwiches

## Yorkshire Chicken

Served with mayonnaise and lettuce.

465 kcal £7.95

## Flaked Salmon & Prawn

With lemon mayonnaise and rocket.

518 kcal £8.95

## Mediterranean Roasted Pepper (Ve)

With pickled red onions, pine nut pesto  
and oat fraîche. 332 kcal £7.50

## Egg Mayonnaise & Cress (V)

Made with Yorkshire eggs. 480 kcal £6.50

## Ham & Cheese

Ham and Fountains Gold cheddar, with our  
Yorkshire apple chutney. 556 kcal £8.25

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*All sandwiches are served with sweet pickled white  
cabbage salad, and in your choice of malted grain,  
wholemeal or white bread.*

## Club Sandwich

Slices of Yorkshire chicken breast with  
dry-cured bacon, tomato, lettuce and  
mayonnaise in toasted malted grain bread.

810 kcal £12.95

# Side Dishes

## Garden Salad (Ve)

Lightly pickled white cabbage with sweet pickled  
red onions, radish and dill. With Swiss dressing  
and chicory leaves. 85 kcal £4.65

## Mixed Side Salad (Ve)

Puy lentil, red pepper, pickled cucumber and dill  
salad, served with cherry tomatoes, mixed leaves  
and our Swiss dressing. 140 kcal £4.65

## Chips (Ve) 534 kcal £4.25

## Pommes Allumettes (Ve)

Continental-style fries. 424 kcal £4.25

# Cakes & Pâtisserie

Please ask to see the cake trolley and choose from today's selection.

## Autumn Fruits Cheesecake & Berries (V)

A rich, creamy blackberry and blackcurrant cheesecake on a crunchy biscuit base. Served with mixed berries and a blackberry sauce. 377 kcal £8.50

## Honey Rum Trifle with Mixed Berries (V)

Made with sponge drizzled in Harrogate honey rum, topped with mixed berries, custard, raspberry sauce, whipped cream and a disc of chocolate. 488 kcal £9.25

## Fruit Tart & Ice Cream (V)

A sweet pastry case filled with vanilla crème pâtissière and topped with fresh fruit. Served with vanilla ice cream and raspberry sauce. 442 kcal £8.50

## Chocolate Torte & Ice Cream (V)

A Swiss dark chocolate cake made with almonds and hazelnuts. Served with vanilla ice cream and raspberry sauce. 688 kcal £8.50

## Carrot Gugelhupf (Ve)

A carrot sponge coated with water icing; decorated with a light frosting and dark chocolate. 380 kcal £5.35

## Yorkshire Curd Tart (V)

An all-butter pastry case, with a thin layer of lemon curd and a filling of curd cheese, butter, currants and nutmeg. 580 kcal £5

## Vanilla Slice (V)

Flaky puff pastry layered with raspberry preserve and fresh cream vanilla custard. 445 kcal £4.75

## Chocolate Éclair (V)

All-butter choux pastry, filled with fresh cream and finished with a rich chocolate fondant and chocolate decoration. 291 kcal £4.75

## Yorkshire Fat Rascal Scone (V)

Our famous plump and fruity scone. Served warm with butter. 850 kcal £5

## Goopy Rascal (V)

Our speciality scone with chocolate chips and a Swiss chocolate and caramel centre. Served warm with whipped cream. 603 kcal £5.35

# Ice Cream Sundaes

## Bettys Goopy Rascal Sundae (V)

Indulgent sundae made with Bettys Goopy Rascal, candied peel, vanilla ice cream, Bettys Swiss chocolate sauce and whipped cream. 857 kcal £9.25

## Bettys Brown Bread Sundae (V)

Brown bread ice cream made in Yorkshire to an exclusive Bettys recipe, with crushed almond macaroon, chopped pecan nuts, toffee sauce and whipped cream. 827 kcal £9

## Bettys Fruit Sundae (V)

Seasonal fruits in raspberry sauce, with whipped cream, and vanilla and strawberry ice cream. 366 kcal £9



## Little Rascal Menu

Smaller portions for younger diners.

### Breakfast

#### English Breakfast

Bettys Yorkshire sausage, scrambled eggs and baked beans, served with toast.

594 kcal £7.50

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### Main Meals

#### Fried Fillet of Haddock

A fillet of haddock in crispy batter. Served with chips and garden peas.

594 kcal £8

#### Bettys Yorkshire Sausages

Made to an exclusive recipe. Served with chips and peas or baked beans. 762 kcal £7.95

#### Chicken Schnitzel

Yorkshire chicken in breadcrumbs, pan-fried until golden. Served with matchstick fries and garden peas. 472 kcal £8

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### Sandwiches

#### Cheddar Cheese

& Cucumber (V) 461 kcal £4.65

Egg Mayonnaise (V) 338 kcal £4.65

Ham 296 kcal £5

Yorkshire Chicken 307 kcal £5

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*Served in your choice of malted grain, wholemeal or white bread.*

### Side Dishes

Chips (Ve) 261 kcal £2.75

Baked Beans (Ve) 30 kcal £2.50

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### Desserts

#### Ice Cream (V)

Two scoops of vanilla, strawberry or chocolate ice cream. kcal on request £4.30

With Bettys raspberry, toffee or Swiss chocolate sauce. kcal on request £4.60

Fondant Fancy (V) 321 kcal £3.25

Caramel Slice (V) 316 kcal £2.95

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### Drinks

#### Small Hot Chocolate with Cream (V)

Made with Swiss chocolate sauce. 314 kcal £3.50

Small Milkshakes (V) £3.25

Bettys ice cream blended with milk and your

choice of: Bettys Swiss chocolate 281 kcal

Fresh banana 189 kcal

Raspberry 181 kcal

Strawberry 173 kcal

Small Fresh Orange Juice (V)

64 kcal £2.85

Small Lemonade (V) 60 kcal £2.85

Small Traditionally Pressed

Apple Juice (Ve) 69 kcal £2.85

Chilled Milk (V) 89 kcal £2

# Teas

Finest quality leaf tea served in a teapot for one, with milk or lemon.

## House Blend Teas

### Bettys Tea Room Blend (Ve)

Our traditional rich blend of top class African and Assam teas. 0 kcal £4.25

### Earl Grey (Ve)

A refreshing, refined blend, delicately scented with oil of bergamot. 0 kcal £4.30

### Bettys Breakfast Tea (Ve)

A strong, single origin Golden Tippy Assam from the Brahmaputra Valley. 0 kcal £4.30

## Speciality Teas

### Golden Valley Darjeeling (Ve)

A Darjeeling whose flowery delicacy derives from the high elevation of the misty and picturesque Himalayan Golden Valley. 0 kcal £5.35

### Ceylon Blue Sapphire (Ve)

Deliciously smooth black tea with a honeyed character, decorated with blue cornflower petals to represent Sri Lanka's famous sapphires. 0 kcal £5.35

### China Rose Petal (Ve)

One of the loveliest China teas, layered with fragrant rose petals, believed to keep mind, body and spirit in perfect harmony. 0 kcal £5.35

### Jasmine Blossom (Ve)

This high quality green tea is infused with jasmine blossoms to create a light, delicate and aromatic tea, best enjoyed without milk. 0 kcal £5.35

### Pi Lo Chun Green Tea (Ve)

Meaning 'spring green snail', a reference to the distinctive spiral-shaped leaves, this famous green China tea has a light, floral character. 0 kcal £5.35

### Yu Luo White Tea (Ve)

An exquisite Chinese tea made from just the delicate white buds that first appear when the tea bush 'awakens' after winter. 0 kcal £5.35

### Lemongrass & Ginger Tisane (Ve)

A delicious, refreshing infusion of rosehips, lemongrass, hibiscus and ginger that's naturally caffeine-free. 0 kcal £4

### Peppermint Tisane (Ve)

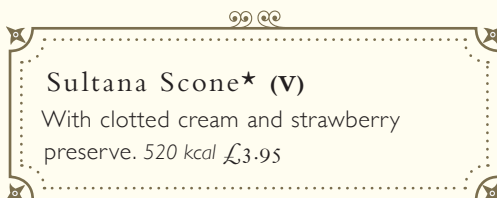
A 'pick-me-up' herbal infusion of pure peppermint. 0 kcal £4

*Decaffeinated tea, soya or oat milk are available on request.*

*For further calorie (kcal) information regarding alternative milks please speak to a member of staff.*

## Fresh from the Bakery

Fancy a little something to go with your tea, coffee or hot chocolate?



**Sultana Scone\* (V)** 392 kcal £3.25

**Rarebit Scone (V)** 338 kcal £3.25

**Currant & Sultana Teacake (V)** 354 kcal £3.75

*Served toasted with butter.*

**\*Vegan option available on request. (Ve)**

Adults need around 2000 kcal a day.

# Coffees & Hot Chocolate

Freshly ground coffee served with hot milk or cream.

## House Blend Coffees

### Americano (Ve)

A long black coffee brewed with our espresso bean. 0 kcal £4

### Flat White (V)

A short coffee made with less milk than our latte, for a more intense espresso flavour. 89 kcal £4.15

### Cappuccino (V)

Made with our espresso coffee blend. 131 kcal £4.25

### Latte (V)

Made with our espresso coffee blend. 141 kcal £4.25

### Bettys Café Blend (Ve)

A blend of top class Kenyan, Central American and South American coffees. Medium roasted. 0 kcal £5.50 (Cafetière for one)

### World's Best (Ve)

A Bettys favourite, this coffee is the perfect balance of Kenyan and South American beans. Medium roasted. 0 kcal £5.65 (Cafetière for one)

### Bettys Espresso (Ve)

Our blend of the finest coffees from Java, Africa and Latin America. 0 kcal £3.50

### Latte Latino (V)

Our espresso coffee with Bettys Swiss chocolate sauce, hot milk and cinnamon. 261 kcal £4.50

### Mocha (V)

Milky coffee with Bettys Swiss chocolate sauce and fresh whipped cream, dusted with chocolate. 305 kcal £4.50

### Gingerbread Latte (V)

Made with our exclusive espresso coffee blend with Bettys spiced ginger syrup. Topped with whipped cream and our Yorkshire gingerbread crumb. 296 kcal £4.75

### Hot Chocolate (V)

Swiss chocolate sauce with hot milk, topped with fresh whipped cream and chocolate flakes. 532 kcal £4.95

### Rum Hot Chocolate (V)

Swiss chocolate sauce with Honey Harrogate Rum (42% vol), topped with fresh whipped cream. £7.50 (25ml)

## Single Origin Coffee

Served in a cafetière for one with hot milk or cream.

### Costa Rican Gesha (Ve)

An outstanding mix of sweetness and acidity, with blackcurrant, blood orange and red wine notes arising from 'honey processing' Costa Rican Gesha beans. Light roasted. 0 kcal £5.95

### Kenyan Karatina (Ve)

From the highlands of central Kenya, a coffee bursting with citrus balanced by a honeyed sweetness. Medium roasted. 0 kcal £5.95

### Colombian San Sebastian (Ve)

A fruity, medium roast with notes of blackcurrant and honey. It's grown on small farms around La Plata, Huila between the dramatic peaks of the Colombian Andes. Medium roasted. 0 kcal £5.95

*Decaffeinated coffees, soya or oat milk are available on request.*

*For further calorie (kcal) information regarding alternative milks please speak to a member of staff.*

# Drinks

## White Wine

### House White Wine (Ve)

Crisp, dry and fruity Fendant de Sion from Chasselas vines. 12.5% vol.

£6.95 (175ml Glass) £27.95 (Bottle)

### Centenary Swiss Wine (Ve)

A fresh, fruity wine with a subtle bouquet, specially selected to celebrate our centenary. 13.6% vol. £7.50 (175ml Glass) £29.95 (Bottle)

### La Petite Perrière Sauvignon (Ve)

Lively and fresh white wine, with aromas of citrus and white flowers. 12.5% vol.

£7.25 (175ml Glass) £28.95 (Bottle)

### Celebration White Wine (Ve)

The extraordinary, aromatic Alsace Gewürztraminer. 13.5% vol.

£7.75 (175ml Glass) £29.95 (Bottle)

## Red Wine

### House Red Wine (Ve)

Full bodied Clos Du Château with fruity and peppery notes. From Pinot Noir and Merlot vines. 13.5% vol. £6.95 (175ml Glass) £27.95 (Bottle)

### Chevanceau Rouge (Ve)

A full-bodied, fruity red, blending Syrah and Grenache grapes, and heady notes of aromatic Mediterranean herbs. 13.5% vol.

£7.75 (175ml Glass) £29.95 (Bottle)

## Rosé Wine

### House Rosé Wine (Ve)

A refreshing Sortilège from Pinot Noir vines. 13.5% vol. £6.95 (175ml Glass) £27.95 (Bottle)

## Champagnes & Prosecco

### Collet Brut Champagne (Ve)

Fresh and soft with delicate notes of pear, apple and candied lemon zest. 12.5% vol.

£9.50 (125ml Glass) £54.95 (75cl Bottle)

### Collet Rosé Champagne (Ve)

Velvety and supple with hints of mulberry, blackcurrant and peach. 12.5% vol.

£9.95 (125ml Glass) £56.95 (75cl Bottle)

### Valdobbiadene

### Prosecco Superiore (Ve)

Fruity and dry organic Prosecco with soft aromas of apple, fennel and acacia blossom.

11.5% vol. £6.95 (125ml Glass) £29.95 (75cl Bottle)

### Mimosa (V)

Refreshing cocktail made with Collet Brut Champagne (12.5% vol.) and fresh orange juice.

£8.50 (125ml Glass)

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*Where wines are sold by the glass, the measure is 175ml. If you would prefer 125ml, please ask.*

Alcoholic drinks may be served only in licensing hours to customers over 18 taking a meal. Alcohol strengths may vary with vintages.

Yorkshire Fat Rascal and Fat Rascal are the Registered Trade Marks of Bettys & Taylors Group Ltd.

## Gin

### Gin Liqueur & Tonic (Ve)

A lovely 'G & tea' made with Harrogate Tipple Liqueur (24% vol.), which is flavoured with leaves of our famous Afternoon Tea Blend. Mixed with Fever-Tree Mediterranean Tonic Water and served over ice with a sprig of mint.  
£8.95 (50ml)

### Gin & Tonic (Ve)

Premium Gin 43% vol. £8.50 (50ml)

Gooseberry Gin 43% vol. £8.50 (50ml)

Made locally by Harrogate Tipple in Ripley using fresh botanicals and Harrogate Spring Water. Mixed to taste with your choice of Fever-Tree Tonic, Tonic Light or Mediterranean Tonic.

*Where spirits are sold, the measure is 50ml.*

*If you would prefer 25ml, please ask.*

## Ales & Lagers

### Timothy Taylor's Landlord (Ve)

A classic strong pale ale, Landlord has won more awards nationally than any other beer. Has a complex aroma and a flavour full of hops and sweetness. 4.1% vol. £5.65 (500ml Bottle)

### Cold Bath Pilsner (Ve)

Brewed using a malt base blended with our Yorkshire Cobble loaves, this Pilsner has a deep, rich flavour with strong notes of bread and caramel. 5.2% vol. £5.45 (330ml Bottle)

## Soft Drinks

Fresh Orange Juice (V) 131 kcal £4.15

Traditionally Pressed

Apple Juice (Ve) 138 kcal £4.15

Bettys Lemonade (V) 120 kcal £4.15

Elderflower Bubbly (Ve)

166 kcal £4.15

Sparkling Apple (Ve) 108 kcal £4.15

Still or Sparkling Water (Ve)

0 kcal £3.25 (330ml) 0 kcal £5.25 (750ml)

Fever-Tree Tonic (Ve) 71 kcal £3.50

Fever-Tree Tonic Light (Ve)

30 kcal £3.50

Organic Ginger Beer (Ve)

89 kcal £4.15

Coca-Cola (Ve) 140 kcal £3.50

Diet Coke (Ve) 0 kcal £3.25

Milkshakes (V) £4.75

Bettys ice cream blended with milk and your choice of: Bettys Swiss chocolate 464 kcal

Fresh banana 390 kcal

Raspberry 372 kcal

Strawberry 320 kcal

Adults need around 2000 kcal a day.

We want your time at Bettys to feel like an escape from the real world. That's why we kindly request that our guests mute their electronic devices and refrain from making or taking calls in our Café Tea Rooms.



For Bettys delivered to your door visit  
[www.bettys.co.uk](http://www.bettys.co.uk)

