

# Betty's

EST 1919



## Cooking School

MENU

# BREAKFAST

## Pain Au Chocolat (V)

A classic breakfast treat freshly baked at our Craft Bakery. 392 kcal

## Bettys Tea Room Blend (Ve)

Our traditional rich blend of top class African and Assam teas. 0 kcal

Or

## Bettys Espresso (Ve)

The finest beans from Java, Africa and Latin America. 0 kcal

*Decaffeinated tea or coffee and alternative milks are available on request.*

# LUNCH

## Lemon Butter Salmon with Garlic New Potatoes & Pea Salad

Pan-fried salmon in a lemon butter served with garlic new potatoes and summer pea salad with swiss dressing. 580 kcal

## Seasonal Cheesecake (V)

Made with cream cheese and fresh cream on a crunchy biscuit base.

Topped with fresh seasonal fruit. kcal on request

*Served with a glass of Swiss house wine of your choice:*

## Brûlefer (Ve)

Crisp, dry and fruity Fendant de Sion white wine. Switzerland 12.5% vol.

## Clos Du Château (Ve)

Full bodied red wine with fruity, peppery notes. Switzerland 13.5% vol.

## Sortilège (Ve)

A refreshing rosé wine from Pinot Noir vines. Switzerland 13.5% vol.

*Where wines are sold by the glass, the measure is 175ml. If you would prefer 125ml, please ask.  
Soft drinks are available on request.*

## Followed by Tea & Coffee

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## ALLERGIES/INTOLERANCES

Please inform your server if you have any allergies or dietary requirements.

Detailed information on the 14 legal allergens is available on request.

We are unable to provide information or guarantee an absence of all other ingredients.

\*(V) suitable for vegetarians \*(Ve) suitable for vegans.

\*Vegan food is made to a vegan recipe but may come into contact with non-plant-based ingredients.

Our products may contain trace allergens due to the open nature of our kitchens and bakery. Please speak to your server for more detailed information. Although every effort has been taken during preparation, pips, stones and bones may still be present where naturally occurring.

Adults need around 2000 kcal a day.